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**Name:** Trevor  
**Age:** 42  
**Occupation:** Truck Driver  
**Family status:** Married, 2 children  
**Interests:** Photography, scuba-diving

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### Did you know?

- Vasectomy is the only permanent method of contraception for men and has a 99.5% success rate
- Vasectomy is safe, simple and highly effective
- Vasectomy is performed under local anaesthetic
- A vasectomy blocks the vas deferens so that sperm produced in the testes can not get into the semen
- A vasectomy takes approximately 10 minutes
- A vasectomy is carried out as day surgery and you will be required at the centre for about an hour and a half.

Trevor decided to have a vasectomy in order to take the contraception burden off his wife. Trevor believed that having a procedure was a minor, straightforward procedure for him, whereas for his wife it was a major operation with more complications.

### According to Trevor:

*"I was back at work the next day on light duties, no heavy lifting but I was getting around quite fine."*

*"Since having my vasectomy done I have spoken to people about it and it doesn't worry me. People have been quite positive and they want to know more about it".*

*"Not having to worry about protection is a big psychological boost. I just feel more relaxed it makes everything better."*

*"I think Australian men should talk more openly about contraception - it's not just up to the woman, it's a 50/50 thing."*