



Name: Anthony
Age: 33
Occupation: Hospitality
Family status: Married, 2 children
Interests: Soccer, golf, cricket and going to the beach

Did you know?

- Vasectomy is the only permanent method of contraception for men and has a 99.5% success rate
- Vasectomy is safe, simple and highly effective
- Vasectomy is performed under local anaesthetic
- A vasectomy blocks the vas deferens so that sperm produced in the testes can not get into the semen
- A vasectomy takes approximately 10 minutes
- A vasectomy is carried out as day surgery and you will be required at the centre for about an hour and a half.

Anthony chose to have a vasectomy as he felt that his family was complete and did not intend to have anymore children. He wanted to share the responsibility for contraception with his wife so therefore opted for a vasectomy. For Anthony there was a minor complication with his procedure – a haematoma (or bruising) which settled down after a few days.

According to Anthony:

"I was surprised at how quick it was, how there was no pain. Even my recovery where I had complications, most of it was pain free so I was pleased."

"After the procedure there was a huge weight off our shoulders not having to worry about contraception or missing a tablet. My wife's been on the pill for 20 years and it's just a big relief."

"I would say to couples considering a vasectomy that it is a permanent choice you wouldn't want reversed, however it is the best decision my wife and I have made concerning contraception. It's a small amount of pain for a long term gain basically."